

2009-2010 Professional Development Trainings



East County

All East County trainings will be held at the United Way of Palm Beach County in Boynton Beach and will begin promptly at 9 a.m. and conclude by 12 p.m., unless otherwise indicated.

All trainings require pre-registration. To register, please visit www.primetimepbc.org and click *Event Registration* or contact Nicole Tarsia at ntarsia@primetimepbc.org or (561) 732-8066 ext: 117.

Training Title

Dates Offered

Building Community

9/3/09

The great thing about using group games is that they're fun and they make managing your group easier. Creating a space where youth get to know each other, work together, think of the program as theirs and are recognized for their accomplishments is important for growth and learning. This training will give participants strategies for fostering positive peer relationships and creating a strong sense of belonging.

Homework Help

9/30/09

Homework time is a very important offering of many afterschool programs. This training will give participants the tools to creating effective homework time. Participants will learn how to support young people and help them to develop effective study skills and habits for successfully organizing their time.

Planning and Reflection

10/7/09

The planning and reflection process can turn a fun activity into a powerful learning experience. Participants will learn how to support youth in planning, implementing and evaluating activities and projects.

Structure and Clear Limits

10/29/09

Structure makes life more manageable. Routines help us to organize our time and get things done. Young people also crave structure to feel safe, know what to expect, feel comfortable, try new experiences and engage in activities. Young people also need limits so that they know what kind of behavior is appropriate and respectful in any given place and situation. This workshop will engage participants in ways of creating structure and clear limits in their afterschool programs.

Voice & Choice

11/18/09

Providing young people with authentic choices and the appropriate level of challenge are hallmarks of truly engaging environments. This training will be focused on providing choice and challenge within activities.



Training Title**Dates Offered*****Ask-Listen-Encourage***

12/17/09

Positive relationships with warmth, connectedness and good communication and support aid in positive youth development and are connected to academic success. Participants will learn three key strategies: how to ask effective questions, how to listen and pay attention to the cues youth provide about their thoughts and feelings, and how to encourage youth in their efforts.

Effective Use of Small Groups

1/6/10

This training will provide participants with the skills and knowledge to increase youth involvement in small groups. Strategies include both the cooperative learning environment and leadership opportunities.

Developing & Sustaining a Youth Advisory Council (Part 1)

1/13/10

This is part one of an intensive two-part series for programs interested in strengthening or developing a youth advisory council. It is our intent to support development of model councils that will serve as mentors and trainers for other youth councils in the future. This series will involve 10-12 programs that will commit to participating in two staff trainings as well as follow-up assignments to implement/strengthen their youth advisory councils. Participating programs will be asked to sign a letter of agreement that will outline project expectations for the series.

Tips for Summer Programming

2/4/10

This training is a networking opportunity for afterschool staff who are responsible for summer programming. Participants will hear from individuals who have demonstrated success in their summer planning and programming. Program representatives are asked to bring their summer program information to share with others in attendance.

Developing & Sustaining a Youth Advisory Council (Part 2)

2/24/10

This is part two of an intensive two-part series for programs interested in strengthening or developing a youth advisory council. For more information, please see the complete training description listed above for part one of the series.

Reframing Conflict

3/3/10

This training promotes an approach in which adults support youth in addressing their conflicts and problems rather than punishing youth for "causing trouble." Participants will learn real world strategies and tips for responding positively to conflict.

Embracing Your Role as a Mentor

3/25/10, 5/26/10

Participants will understand the role they play as a mentor in their current position. Participants will also learn how to make the most out of those "mentoring moments."

Scaffolding for Success

4/7/10

Participants will be shown on to present tasks at just the right level of difficulty for young people and support them in achieving success. Staff will consider what young people already know or can do and how to provide them with new challenges just beyond where they are currently performing.

Active Learning

4/13/10*

Active learning is a way for young people to engage in a productive and interesting environment to learn concepts, skills and strategies for daily living, academic success and personal development. This training will give participants the strategies to create an active learning environment where young people use their hands, their bodies, and their minds instead of just reading or hearing about it. *Training on 4/13/10 will be held at the Children's Services Council of Palm Beach County.

Training Title**Dates Offered*****Engaging Youth as Resources***

5/4/10

Participants will better understand how to effectively engage young people into peer staff positions, leadership roles and partnerships at their programs. **Training on 5/4/10 will be held at the Children's Services Council of Palm Beach County.*

How to Go from Good to Great in the Afterschool Field

5/12/10

Studies show that a well-trained, consistent and well-compensated workforce is essential to providing top quality afterschool programming. Participants will learn about the professional development system that has been created by and for afterschool practitioners in this county, including formal and informal pathways, core competencies, scholarship program and a registry system. Participants will also learn how all of the system pieces fit together and how to use the pieces to achieve greatness in the afterschool field.

Step Up for Proficiency

5/18/10

Preparing children for the world is the responsibility of the entire community. Step Up for Proficiency is an unparalleled effort to bring together groups and individuals who support young people - parents and family, afterschool program staff and youth workers, principals and teachers in the schools, youth themselves, employers recreational programs, faith-based organizations, city leadership and cultural/civic organizations. **Training on 5/18/10 will be held at the Children's Services Council of Palm Beach County.*

Step Up for Proficiency focuses on two equally important objectives: academic proficiency for (virtually) all young people and the demonstration of strong character in young people's behavior, relationships and interaction. These objectives evolve into specific, measurable targets, subject to assessment and evaluation of progress.

As a result of the Step Up for Proficiency session, participants will: understand the mission in order to successfully prepare our young people for a quality life in the 21st century; explore the mindset required to achieve the mission; discuss the method for achieving the mission; learn concrete strategies (in the form of three lessons), including how to help young people respond to questions like "Am I smart enough to do this work?", "How do I work smart?", and "What does it mean when I get a poor grade and what should I do?"; and work on two concrete assignments to be a constructive force in the education process of the young people with whom they interact.