

2009-2010 Professional Development Trainings



West County

All East County trainings will be held at the United Way of Palm Beach County in Boynton Beach and will begin promptly at 9 a.m. and conclude by 12 p.m., unless otherwise indicated.

All trainings require pre-registration. To register, please visit www.primetimepbc.org and click *Event Registration* or contact Nicole Tarsia at ntarsia@primetimepbc.org or (561) 732-8066 ext: 117.

Training Title

Dates Offered

Building Community

9/9/09

The great thing about using group games is that they're fun and they make managing your group easier. Creating a space where youth get to know each other, work together, think of the program as theirs and are recognized for their accomplishments is important for growth and learning. This training will give participants strategies for fostering positive peer relationships and creating a strong sense of belonging.

Homework Help

9/22/09

Homework time is a very important offering of many afterschool programs. This training will give participants the tools to creating effective homework time. Participants will learn how to support young people and help them to develop effective study skills and habits for successfully organizing their time.

Planning and Reflection

10/6/09

The planning and reflection process can turn a fun activity into a powerful learning experience. Participants will learn how to support youth in planning, implementing and evaluating activities and projects.

Structure and Clear Limits

10/28/09

Structure makes life more manageable. Routines help us to organize our time and get things done. Young people also crave structure to feel safe, know what to expect, feel comfortable, try new experiences and engage in activities. Young people also need limits so that they know what kind of behavior is appropriate and respectful in any given place and situation. This workshop will engage participants in ways of creating structure and clear limits in their afterschool programs.

How to Go from Good to Great in the Afterschool Field

11/4/09

Studies show that a well-trained, consistent and well-compensated workforce is essential to providing top quality afterschool programming. Participants will learn about the professional development system that has been created by and for afterschool practitioners in this county, including formal and informal pathways, core competencies, scholarship program and a registry system. Participants will also learn how all of the system pieces fit together and how to use the pieces to achieve greatness in the afterschool field.



Training Title**Dates Offered***Voice & Choice*

12/16/09

Providing young people with authentic choices and the appropriate level of challenge are hallmarks of truly engaging environments. This training will be focused on providing choice and challenge within activities.

Effective Use of Small Groups

1/5/10

This training will provide participants with the skills and knowledge to increase youth involvement in small groups. Strategies include both the cooperative learning environment and leadership opportunities.

Developing & Sustaining a Youth Advisory Council (Part 1)

1/12/10

This is part one of an intensive two-part series for programs interested in strengthening or developing a youth advisory council. It is our intent to support development of model councils that will serve as mentors and trainers for other youth councils in the future. This series will involve 10-12 programs that will commit to participating in two staff trainings as well as follow-up on assignments to implement/strengthen their youth advisory councils. Participating programs will be asked to sign a letter of agreement that will outline project expectations for the series.

Ask-Listen-Encourage

2/3/10

Positive relationships with warmth, connectedness and good communication and support aid in positive youth development and are connected to academic success. Participants will learn three key strategies: how to ask effective questions, how to listen and pay attention to the cues youth provide about their thoughts and feelings, and how to encourage youth in their efforts.

Developing & Sustaining a Youth Advisory Council (Part 2)

2/16/10

This is part two of an intensive two –part series for programs interested in strengthening or developing a youth advisory council. For more information, please see the complete training description listed above for part one of the series.

Reframing Conflict

3/2/10

This training promotes an approach in which adults support youth in addressing their conflicts and problems rather than punishing youth for “causing trouble.” Participants will learn real world strategies and tips for responding positively to conflict.

Active Learning

3/23/10

Active learning is a way for young people to engage in a productive and interesting environment to learn concepts, skills and strategies for daily living, academic success and personal development. This training will give participants the strategies to create an active learning environment where young people use their hands, their bodies, and their minds instead of just reading or hearing about it.

Scaffolding for Success

4/6/10

Participants will be shown on to present tasks at just the right level of difficulty for young people and support them in achieving success. Staff will consider what young people already know or can do and how to provide them with new challenges just beyond where they are currently performing.

Engaging Youth as Resources

4/29/10

Participants will better understand how to effectively engage young people into peer staff positions, leadership roles and partnerships at their programs.