



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Color by Fitness

It's time to mix art and physical activity! Click the link below to choose a fitness coloring sheet:

Coloring sheets: [https://www.mrwillpe.com/uploads/7/5/8/2/75820545/color\\_by\\_fitness.pdf](https://www.mrwillpe.com/uploads/7/5/8/2/75820545/color_by_fitness.pdf)

Once you're done share your art by posting it in a window for your neighbors to see!

Music makes everything a little more fun, click the link below to listen to this song to keep your energy up:

<https://www.youtube.com/watch?v=yss0SGzrUIY>

