



Sensory Fun!

Activity:

Rain Stick

**Optional Materials*

Materials:

- 1 Cup Paper towel roll
- Aluminum foil
- Rice
- Clear tape
- Wooden spoon
- Broom handle
- Colored paper
- *Funnel

Directions:

1. Tear a sheet of foil about 10" long and twist it into a stick-like shape
2. Wrap it around the handle of a broom to make a spiral
3. Tear a small piece of foil about 7" long and twist into a skinny, wire-like shape
4. Wrap the thin piece of foil around the handle of a wooden spoon to make a tight spiral
5. Insert the smaller spiral into the larger spiral
 - Note: This is the key step that makes the rain stick work.
6. Place the end of the paper towel roll onto a sheet of paper and trace a circle around it – twice, once for each end
7. Draw bigger circle around the small circles you just drew
8. Cut out the larger circles, and use scissors to make a lot of cuts from the edge of the paper to the inner circle
9. Tape the paper to the end of the paper towel roll, wrapping the flaps you cut up the sides of the tube and secure them with clear tape
10. Once one end of the tube is secured, insert the two foil spirals
11. Add about 1/4 cup of dried rice to the tube
12. Secure the other end of the tube with the other circle of paper
13. Add a piece of colored paper or decorate the tube

**The Arc of Palm Beach County
Community Inclusion Program**



Visuals for Rain Stick



Twist 10" foil into a stick-like shape



Wrap around a broom handle



Twist 7" foil into skinny wire-like shape



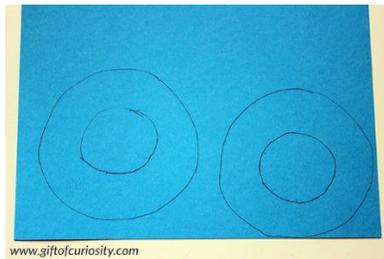
Wrap it around spoon handle



Insert smaller piece into the larger one



Trace ends of paper towel



Draw bigger circle around your traced ones



Cut out large circle and cut to the center circle



Tape to end of roll



Insert two foil spirals



Add ¼ cup dry rice



Tape 2nd circle to the other end of roll



Decorate the tube

play

