



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## National Field Day Events!



We know Field Day is an important part of the school year. We all look forward to this festive day of celebration and couldn't stand the thought of it being canceled!

Take this week to practice the events and on May 8 select your 4 favorite to compete in! Having trouble just picking 4? Don't worry you can compete in as many events as you want!

- **All Events:** <https://openphysed.org/wp-content/uploads/2020/04/NFD2020-ALL-EventCardsV2.pdf>
  - Event Videos: <https://openphysed.org/fielddayvideos>
- **Official Score Card:** <https://openphysed.org/wp-content/uploads/2020/04/NFD-ScoreCard-Official-V2.pdf>
- **Equipment List:** <https://openphysed.org/wp-content/uploads/2020/04/NFD-Equipment-List-English.pdf>