



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Soccer Dribbling Drill

In the game of soccer the ability to dribble and pass the ball down the field is very important! Check the link below to practice and develop your dribbling skills:

- Dribbling: <https://ymca360.org/on-demand/category/17/videos/53>
- Passing/ball control: <https://www.youtube.com/watch?v=FR-l2btTpCY>

For some extra fun: Create your own soccer jersey below!

