



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Word Game LIVE!

Join our instructors live on ZOOM May 7<sup>th</sup> 2:00 pm.

- Access the video with this link:  
<https://us02web.zoom.us/j/86711769101?pwd=Q1FQNWQ1cmF4dmtKcnA1dDFySlJ3dz09>
- Using this Password: 0aENs3
- Meeting ID: 867 1176 9101
- Parents/Guardians please note this session will be recorded, if you wish to not be recorded please keep your camera off.

In this activity we'll be focusing on cardiovascular endurance to prepare you'll need:

- Indoor or outdoor clear and open space
- Water
- Optional: towel or mat

We can't wait to see you!

