



Dedicated to Quality Out-of-School Time

Middle School-focused Professional Development

Prime Time offers supports and services to out-of-school time programs serving middle school-age youth. Prime Time Palm Beach County can help you strengthen out-of-school time programs by offering the following:

- Program assessment, tailored coaching and feedback
- Staff training and opportunities to earn college credits
- Enrichment programming from content experts in the arts, technology, and wellness, to name a few
- Training and support for the development of Teen Advisory Councils
- Monetary incentives for staff



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Prime Time is very excited to offer resources designed for out-of-school time programs serving middle school-age youth. If you are interested in receiving middle school-focused professional development, please contact Anton Spalding, Middle School Professional Development Specialist.

Be a Part of Prime Time's Exclusive Facebook Group The Zone

If you currently work with middle school-aged youth, you can request to join The Zone by going to <https://www.facebook.com/groups/thezoneprimetimepb/>

Inspiring videos, resources and strategies to complement training sessions	Prize opportunities (only available to members of The Zone)	Convenient access to registration and follow-up for Prime Time's middle school training series	Share photos, videos and events to showcase your program
Easy to use platform to network with your peers	Information and support for your Teen Advisory Council	Available rewards and incentives for youth on your Teen Advisory Council	Share your Ideas to support and empower teens



The Palm Beach County Youth Services Department provides support for Prime Time's Middle School Out-of-School Time Initiative.



Middle School-focused Professional Development Trainings

The middle school professional development training series is comprised of the following five core training offerings designed to complement and build on each other and provide a holistic learning experience. Each training is engaging and interactive!

Register at www.primetimepb.org.

Inspired to Empower Teens

This foundational training is about you. It focuses on your powerful role as a middle school practitioner and examines your potential effect on teens. While considering the purpose and motive behind your work as a Youth Development Professional you will learn how to develop your potential to strengthen, inspire and empower the youth you work with every day.

Engaging Teens

This training focuses on teens. You will learn how to engage middle school youth in a way that empowers and motivates them. You will also explore the developmental features of the adolescent brain and receive strategies for developing fun programs and activities that keep teens coming back.

Teen Advisory Councils (Part 1 and 2)

In this captivating two-part series, which centers on youth-adult partnerships, you'll learn how to create, run, and sustain a fun and effective Teen Advisory Council that will strengthen your program, give youth a meaningful voice, and provide additional benefits for both teens and adults.

Building a Positive Community with Teens (Part 1 and 2)

This lively training explores the environment in which you work with youth and provides strategies, fun group activities, and relationship-building meeting structures that will help you establish a community that promotes positive experiences for teens.

Teens and the Family Connection (Part 1 and 2)

This powerful training series shifts the attention to families and the critical role they play in ensuring that teens succeed. While exploring the challenges of raising a family in modern society, you will learn how to improve your connection with families and increase their involvement with their teens and your out-of-school time program. You will also gain several key principles and strategies to help you actively build a strong platform for effective family engagement.

The Responsive Teen Advisory Council

Take your Teen Advisory Council to the next level in this activity-filled training that introduces a strong SEL-based framework and routines designed to help council members build communication and social-emotional learning skills while cultivating positive, meaningful relationships with their peers and with adults.



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